

The Pampered Chef [®] Tear 'N Share Smoked Salmon Bread Ring Recipe

200 g fresh baby spinach leaves, rinsed and patted dry
1 teaspoon olive oil
1 red pepper, deseeded
100 g smoked salmon trimmings
1 lemon
1 tablespoon snipped fresh dill
1 tablespoon mayonnaise
1 egg, beaten
1/8 Freshly ground black pepper, to taste
teaspoon ground nutmeg, or to taste
100 g mature Cheddar cheese
2 cans (220 g each) chilled fresh dough for 4 white rolls

- Preheat oven to 200°C/fan 180°C/Gas 6. Roughly chop spinach on Cutting Board using Chef's Knife. Heat olive oil in Executive 24-cm Skillet over medium-high heat 1–2 minutes or until hot. Add spinach to pan; cook, uncovered, 2–3 minutes or until wilted, stirring occasionally. Remove from heat. Drain spinach using 18-cm Strainer; squeeze out excess moisture with a spoon. Set aside.
- 2. Finely chop red pepper using Utility Knife. Cut any large chunks of smoked salmon into small pieces. Zest lemon using Microplane® Adjustable Grater to measure 11/2 teaspoons zest. Combine wilted spinach, red pepper, salmon, lemon zest, dill, mayonnaise, egg, black pepper and nutmeg in Classic Batter Bowl; mix using Small Mix 'N Scraper®. Grate cheese into mixture using Rotary Grater; mix thoroughly. Set aside.
- 3. Remove dough from cans onto lightly floured surface; separate each batch of dough into 4 rolls. Cut each roll in half horizontally to make a total of 16 halves. Arrange roll halves in a ring, touching each other, on **Medium Round Stone with Handles**, leaving a 2-cm border around edge of baking stone. Pierce centre of each roll half twice using detachable pastry tool from **Baker's Roller**®, to prevent topping mixture falling off when dough rises during baking.
- 4. Using Small Scoop, place level scoops of salmon mixture, touching each other, in centre of each roll half, dividing evenly. Bake 20–25 minutes or until rolls are cooked and golden brown. Remove baking stone from oven to Stackable Cooling Rack; cool 10 minutes. Serve at table with a protective mat underneath. Serve using Slice 'N Serve®; or tear rolls apart to serve.

Yield: 16

Per serving: Energy 475kJ/113kcal; Protein 6.1g; Carbohydrate 11.2g; Sugars 1g; Fat 5.2g; Saturated Fat 1.8g; Fibre 0.8g; Salt 0.8g

Louise Dawkins – Consultant 016878 147 Sherwell Valley Road, Torquay, TQ2 6EW Home 01803 404499 / Mobile 07730507262 Email louise.dawkins@abily.co.uk



Cook's Tip: This recipe serves 8 as a light lunch (serving 2 rolls per portion) with salad.

One packet (500 g) white bread mix can be substituted for the chilled dough for white rolls, if desired. Prepare and knead bread mix according to packet directions. Shape into 16 round rolls; arrange in a ring, touching each other, on Medium Round Stone with Handles, leaving a 3.5-cm border around edge of baking stone. Cover with damp tea towel or greased clingfilm; leave in warm place until doubled in size. Meanwhile, prepare topping as directed in steps 1 and 2, but instead preheat oven to 220°C/fan 200°C/Gas 7. After rising, uncover and pierce centre of each roll twice using detachable pastry tool from Baker's Roller®; continue as directed in step 4.

© null The Pampered Chef used under license.