

The Pampered Chef [®] Ham & Cheese Calzone Recipe

1 tablespoon sunflower oil, divided
1 packet (290 g) pizza base mix
About 250 ml warm (hand hot) water
Plain flour, for kneading and rolling out
2 tablespoons mayonnaise
1 teaspoon Dijon mustard
50 g broccoli florets
125 g slice smoked ham (from the deli), cut about 1 cm thick
1/2 small onion (about 50 g)
125 g Emmental cheese, divided
15 g Parmigiano Reggiano cheese

- 1. Preheat oven to 220°C/fan 200°C/Gas 7. Lightly brush Medium Bar Pan with half of the sunflower oil using Chef's Silicone Basting Brush; set aside. Place pizza base mix (use both sachets) in Stainless 4-Litre Mixing Bowl; add enough warm water, mixing to form a soft dough. Knead dough on a lightly floured surface 5 minutes or until smooth. Divide dough in half. Place one of dough pieces onto centre of prepared bar pan; roll dough out to cover base of pan using Baker's Roller®. Roll remaining dough half to same size (19 x 28 cm) on lightly floured Cutting Board. Leave both in warm place 15 minutes.
- Meanwhile make filling. Combine mayonnaise and mustard in Classic Batter Bowl; mix well using Small Mix 'N Scraper®. Cut broccoli into small florets and ham into 1-cm dice using Utility Knife. Finely chop onion using Food Chopper. Grate Emmental cheese using Ultimate Mandoline fitted with grating blade. Add broccoli, ham, onion and half of the Emmental to batter bowl; mix well.
- 3. Sprinkle remaining Emmental evenly over pizza dough in bar pan, leaving a 2-cm border around edges. Spoon ham mixture evenly over cheese. Carefully lift remaining pizza dough and place over pizza dough and filling in pan. Trim 1 cm off sides of dough with Utility Knife. Press around edges to seal with **Mini-Tart Shaper**; brush dough with remaining oil. Bake 16–18 minutes or until golden brown.
- 4. Meanwhile, grate Parmigiano Reggiano cheese using Microplane® Adjustable Grater. Remove cooked calzone from oven; sprinkle grated cheese evenly over top. Bake an additional 2–3 minutes or until cheese has just started to melt. Remove from oven to Stackable Cooling Rack. Slice into 16 triangular portions; serve with Mini-Serving Spatula.

Yield: 16

Per serving: (1 tortilla bite): Nutrients per serving: Energy 546kJ/130kcal; Protein 6.2g; Carbohydrate 13g; Sugars 1.1g; Fat 6.3g; Saturated Fat 2.1g; Fibre 0.6g; Salt 0.5g

Louise Dawkins – Consultant 016878 147 Sherwell Valley Road, Torquay, TQ2 6EW Home 01803 404499 / Mobile 07730507262 Email louise.dawkins@abily.co.uk



Cook's Tip: This recipe serves 8 as a starter or it serves 4 as a main course with a salad or cooked vegetables.

Diced cooked chicken can be substituted for the ham, if desired.

Accurately measure mayonnaise and mustard using Adjustable Measuring Spoons.

© null The Pampered Chef used under license.