

Antep Ezme (Spicy Turkish tomato salsa/salad)

2 medium/smallish onions
2 green peppers
2 green chillis
Handful flatleaf parsley
4 smallish tomatoes
2 spoonfuls pul biber (Turkish flaked red pepper/chilli) (if you don't have then use a lesser quantity of chilli powder or paprika depending how hot you like it)
Salt & pepper to taste
1 ½ spoonfuls olive oil
1 lemon

Mix all ingredients together making sure all vegetables are very finely chopped with food chopper